#### SERVICE DESCRIPTION

Autism Yukon

Rebecca Fenton
Executive Director
867-667-6406
executive@autismyukon.org

Autism Yukon is a non-profit organization dedicated to supporting families and individuals living with Autism Spectrum Disorder. Our purpose is to provide support, public awareness, education, and resources for our community. Resources we offer include support for EA's who work with students with Autism, lending library, strategies for sensory needs and mini workshops (eg. Sarah Ward). Our Sensory Room is available to people of all ages (with or without a diagnosis) as a place to relax or engage and support an individual's sensory processing style.

For high school and post high school students, we have PEERS, an evidence based group for young adults. It is a social skills intervention program for learning ways to help make and keep friends. Other programs we have include Launch Into Life (helps families prepare for and respond to key life transitions from adolescent to adulthood) and Family Navigation services (for all ages and self advocates).

More information about any of these services can be found at autismyukon.org

#### SERVICE DESCRIPTION

Big Brothers Big Sisters

Angela Krueger
Executive Director
897-668-7911
angela.krueger@bigbrothersbigsisters.ca

We work with youth ages 6-16 by matching them with a mentor who shares similar interests. As a match they spend time together almost every week for about 2-3 hours doing things they enjoy like going to the movies, playing games, going to the CGC, visiting local places, going for walks etc.

The Volunteer is carefully screened to ensure safety and the goal of the program is to help youth to feel like they have another caring adult in their world with whom they can build a healthy positive relationship. We work primarily with youth who may be participating in risky activities, or would benefit from one-on-one time with an adult, and have guardians who would be supportive of their child having a friendship with someone outside of the family. There is also an in-school mentoring program for 13 & 14 year olds for 1 hour per week.

#### SERVICE DESCRIPTION

Boys and Girls Club of Yukon

Alysha Gullison Youth Years Program Co-Manager

ypmanager@bgcyukon.com 867-393-2824

306A Alexander St Whitehorse Hours of operation: 3-9pm For youth 12 to 18 years on a drop-in basis.

Offer skills for employability (every Tuesday)

Out and About Program (Saturdays) doing activities like snowboarding and dog sledding.

Provide snacks after school and dinner.

Connections (for example, with Elders) on Wednesdays.

Beginning a Youth Leadership Program for youth who have aged out of the club but still want to be involved.

#### SERVICE DESCRIPTION

BYTE - Empowering Youth Casey Albert (she/her) Executive Director

(867) 667 7975 ed@yukonyouth.com http://www.yukonyouth.com BYTE is a 'by youth, for youth' organization that focuses on empowering and promoting youth throughout the Yukon and Canada's north. Our community outreach team travels to communities throughout the Yukon and to some areas of Northern BC and NWT to deliver innovative and relevant workshops to northern youth.

We also host events and conferences that foster creativity and culture. Everything we do is about helping youth to develop confidence, skills, openness, and a sense of belonging. Schools can refer youth to the BYTE office for resume help and access to their Youth Job Board. BYTE has a lending library, Facebook page, website and blog where you can access more information about current events.

We can deliver a variety of workoshops aiming at ages 12-18, workshop topics include; harm reduction, consent and boundaries, equity and allyship, diet culture and many more. Refer to our website for more of what we offer <a href="https://www.yukonyouth.com">www.yukonyouth.com</a>

#### SERVICE DESCRIPTION

Child Development Centre 206 Hanson St Whitehorse Y1A 1Y4

867-456-8182 info@cdcyukon.ca

The Child Development Centre (CDC) provides services to support children's development from birth to kindergarten entry.

The CDC has a location at 206 Hanson Street in Whitehorse. We also have a location in Kwanlin Dun at the Dusk'a Head Start Learning Centre. In

We provide speech language therapy, occupational therapy, physiotherapy, developmental therapy (social-emotional/behaviours) and psychology. Any child can receive services, there does not need to be a diagnosis. Parents and caregivers are encouraged to contact us with ANY questions – big or small – about child development.

We also have a Follow Along program for kids up to age 3 in Whitehorse and age 4 in communities. With the Follow-Along program, we provide developmental screens, and give ideas/suggestions of what parents and caregivers can try at home.

#### **SERVICE DESCRIPTION**

Child Development Centre continued...

867-456-8182 info@cdcyukon.ca

We also offer diagnostic assessments for Autism Spectrum Disorder, Complex Behaviours and Fetal Alcohol Spectrum Disorder.

In addition, we have an Early Learning Program Support team, that provides support to licensed early learning programs in the Yukon to help them make their programs inclusive, and provide professional development to early learning educators.

We also employ Early Childhood Therapy Assistants, who provide support to children in K4 classrooms in the communities, if needed. If children are transitioning to K5 kindergarten, we provide support and meet with the school and parents/caregivers for a transition meeting. If parents/caregivers approve, information can be shared with the Department of Education to support the transition.

Our services are free. Please feel free to contact us with any questions! Anyone can make a referral to the CDC. Referrals can be made via our website at www.cdcyukon.ca/referral, by filling out a paper referral form, by calling 867-456-8182 or by email at info@cdcyukon.ca

#### SERVICE DESCRIPTION

**Inclusion Yukon** 

Chris Vainio

Executive Director Inclusion Yukon

O:867-667-4606 C: 867-334-4745

executive@inclusionyukon.org

Inclusion Yukon provides some direct advocacy support to the general public by appointment. We can help individuals by appointment with a specific goal: identify how to get started, which offices can provide appropriate support, fill out applications, and can help if you are experiencing a barrier getting service you are eligible for. Inclusion Yukon also distributes information and resources to the public on Intellectual Disability, Autism, and upcoming inclusive events. We advocate directly to government for the rights of persons with disabilities and systemic change.

We provide the respite matching service to connect caregivers to the most qualified available independent contract support available. Respite workers are employed by the caregiver, but we provide some advice and resources in addition to the initial screening and introduction. Funding for Respite is provided through Yukon Government or Jordan's Principle. We can help apply for funding by appointment. Please fill out an <u>intake</u> on our website for respite, <u>www.inclusionyukon.org</u>.

Please let us know if you would like to be on our mailing list for upcoming opportunities, email executive@inclusionyukon.org.

#### **DESCRIPTION**

LDAY Centre for Learning www.LDAYukon.com

Stephanie Hammond ed@LDAYukon.com 668-5167

128A Copper Road (at Tlinglit Street, underneath the St. John Ambulance) LDAY Centre for Learning is dedicated to increasing awareness of learning differences, and supporting children, youth and adult with learning difficulties or disabilities.

LDAY offers tools, resources, and training, including:

- support and advocacy for learners of all ages with learning differences, difficulties, or disabilities
- tutoring program for K 12 and post secondary students
- · employment and training support for adult learners
- community workshops and training sessions
- Camp Raven summer and winter day camps
- access to educational-psychological assessments
- resource library

Yukon Government Disability Services Disability services can provide funding and support for inclusion for those children under the age of 19. Consults for Disability Services must be made through SSS. Contact Leslie Peters for additional information. margaret.peters@yukon.ca

#### SERVICE DESCRIPTION

Mental Wellness Substance Use Services (MWSU)

211 Hawkins Street, Whitehorse

Child Youth and Family Treatment Team (CYFTT)

Counselling services and Outreach Group Phone: 867-667-5885 The CYFTT mission is to provide responsive, high-quality services to meet the social, emotional, and psychological needs of children, youth, and families in Whitehorse. We provide counselling services for youth in Whitehorse high schools and at our location downtown.

For school referrals, teachers, school staff, and parents can refer through one of the school guidance counselors, students can also self refer the same way. For referrals to our downtown office, please call the main line directly to set up an intake appointment.

The role of the Mental Wellness Counsellor is to provide confidential and professional support for youth who may be experiencing challenges in areas such as, but not limited to: social concerns, substance use and addictions, family issues, separation/divorce, sexuality, self-concept, emotions, disordered eating habits, self-harm, suicidal ideation, bullying, depression, fear and anxiety, loss and grief, and much more. We also offer an "Outreach Group," simply called, "Group" for short. The goal of "Group" is to provide children and youth with opportunities to have fun while developing the social-emotional skills they need to thrive and be their best selves. CYFTT services support school age children, youth, and their families. Services include Rapid Access Counselling to clients age 13+, early intervention, crisis management, assessment, counselling, outreach, family therapy, and case management. You can expect a rapid access counselling appointment within 72 hours.

#### **DESCRIPTION**

Mental Wellness
Substance Use Services
(MWSUS)
Withdrawal
Management Services

867-667-8473

Withdrawal Management provides medically supported services to help adults and youth more safely pause or stop using drugs or alcohol.

Withdrawal management services can offer a connection to supports when people want to make a change in their life.

Accessible 24 hours a day, 7 days a week

Mental Wellness Substance Use Services (MWSUS)

**Adult Services** 867-456-3838

Monday to Friday 8:30am to 4:30pm

Counsellors provide screening, assessment, and counselling support to clients for a wide range of mental wellness and substance use challenges. Individual and group counselling are available. You can expect a rapid access individual counselling appointment within 72 hours of your call.

Other adult services include:

- Intensive Treatment
- Psychiatric Outreach Program (POP)
- Early Psychosis Intervention (EPI)
- Referred Care Clinic (RCC)

#### **DESCRIPTION**

Opportunities Yukon

Olakunle Benson
Olakunle.Benson@opportuniti
esyukon.ca
Coordinator, Employment
Training Programs

Hours: Mondays – Thursdays (9am-3pm); Fridays 9am-11:45am T (867) 668-4421 ext 302 D (867) 333-0577

Cornerstone Building, Unit 201, 704 Main Street, Whitehorse, Yukon, Y1A 0T5 Website: www.opportunitiesyukon.ca The goal of the program is to train people with disabilities (19 years up) and barriers to employment in employment-related skills and increase job readiness.

Participants will spend time learning work-related skills such as:

- · Build a resume and cover letter
- Communicate clearly
- · Manage emotions in the workplace
- Practice Interview skills
- Become better at budgeting
- How to be a worker your boss will want to keep!
- Solving problems effectively
- Developing practical skills to balance personal life and work
- Training courses on Upskills for Work

All participants will have the opportunity to complete training for:

- Emergency First Aid
- Workplace Hazardous Materials Index System (WHMIS) and;
- FoodSafe Level 1

#### SERVICE DESCRIPTION

Opportunities Yukon continued...

T (867) 668-4421 ext 302 D (867) 333-0577

Website: www.opportunitiesyukon.ca

Our job coaches collaborate with local businesses to offer a spectrum of employment-based information and build relationships with community resources such as:

- AURORA workshop with LDAY
- Employment Standards
- Human Rights
- · Employment central
- Employment Standard
- Poverty Education Awareness
- · Financial Literacy Workshop
- Mental Health Workshop

#### Our Classroom

Programs run roughly every 12 weeks, 6-week classroom intensive interactive sessions in our program facility, and 6-week jobs searching. We will support each one in learning how to find and keep a job with the support they need to succeed.

#### SERVICE DESCRIPTION

Queer Yukon

info@queeryukon.com

867-333-0132

queeryukon.com

Queer Yukon supports, promotes, and organizes events for the Two-Spirit, Lesbian, Gay, Bisexual, Trans, Queer, Intersex, and Asexual (2SLGBTQIA+) community and our allies in the Yukon.

We have a new Pride Center in Whitehorse called The Cache where folks can access queer friendly folks to chat with, information and resources, gender gear, queer and trans health navigation supports, library, showers, laundry, lockers, snacks, coffee, tea, and wifi.

This space is also a place where folks can hang out, relax, and be in community. We also have offices in Dawson City and Watson Lake that run events and programs, including regular drop-in hours in Dawson.

#### SERVICE DESCRIPTION

Skookum Jim Friendship Centre

YEC Coordinator: Harman Kaur

yec.coordinator@skookumjim.com

867-633-7680 ext. 1016

Skookum Jim Friendship Centre provides:

#### **After School Tutoring**

 Free tutoring for grades 8 – 12. There is one on one tutoring, a resource library, computer lab, study hall, healthy snacks and beverages and transportation provided.

#### Youth Employment Centre.

- Provides funding to employers to help youth find work.
- · Provide funding for training opportunities.
- Can give rides to and from Job interviews
- Bus tickets to get to and from first few weeks of employment
- · Help with interview readiness
- Help prepare resume and cover letters & use of our computers to find and apply to jobs
- If the job requires PPE or outdoor wear, the YEC can support by providing transportation to the store, and help purchase the required items

#### SERVICE DESCRIPTION

Yukon First Nations Education Directorate

#300 - 204 Black Street Whitehorse, Yukon Y1A 2M9 867.667.6962 info@yfned.ca www.YFNED.ca Led by the Chiefs Committee on Education (CCOE), the Yukon First Nation Education Directorate (YFNED) launched in the summer of 2020 in response to the long overdue need for unified control over First Nations education in the territory. YFNED is dedicated to capacity-building, systems and resources development, second-level educational programs and services enhancement, and learner supports. YFNED advances First Nations decision-making and aspirations for control over education, providing technical support, research and advice, and advocates for First Nation student success across the system.

#### **WHAT WE DO:**

Our Jordan's Principle wrap-around services include:

EDUCATION ADVOCATES: This team is made up of First Nation Education Advocates, Elders/Knowledge Keepers, Junior Advocates and specialists. We support individual students and their families to improve academic achievement of Indigenous students, providing connections to needed services and supports. The team also works with school staff and community to promote an Indigenous, wrap-around, holistic approach to education

#### SERVICE DESCRIPTION

Yukon First Nations Education Directorate continued...

> 867.667.6962 info@yfned.ca www.YFNED.ca

MOBILE THERAPEUTIC UNIT: The MTU is a holistic allied health service for Indigenous youth aged 0 to 18 in both the rural and urban areas. The MTU is committed to working with families and communities to ensure Indigenous children receive culturally appropriate care that reflects the values and knowledge of Yukon First Nations. Our growing team includes: A Wellness Program (Arts and Land-Based); Occupation Therapy; Speech Language Pathology; Counselling; Educational Psychology; Psychomotor Therapy; Hearing and Vision Screening.

NUTRITION PROGRAM: Provides equitable and healthy food to all Indigenous children aged 0 to 18 in Yukon, providing hot meal and snack food programs in all Yukon schools. The Urban program distributes a winter break hamper, and provides Family Feasts throughout the year.

EARLY YEARS: YFNED has partnered with the Martin Family Initiative (MFI) to provide a Yukon-wide Early Years program. A team of Early Years Visitors provide weekly home visits to support and honour new parents, recognizing them as their children's first teachers. They also organize group activities such as drop-ins, sewing circles, and workshops. Early Years Visitors walk alongside new parents from pregnancy until their child enters school.

#### **SERVICE DESCRIPTION**

Youth Achievement Centre

501 Taylor Street Whitehorse

For further information call 667-3759

YAC Supervisor Renee Mills 667-3758

Aurora Virtual School Team Lead Mark Connell 456-6777 The Youth Achievement Centre (YAC) is located downtown Whitehorse. It is operated by Yukon Government, Health and Social Services, Youth Justice and offers community-based youth justice programming aimed at reducing recidivism in youth.

YAC provides day programs for youth aged 12-18, young persons involved with the criminal justice system, youth in the child welfare system, youth in high risk situations, and youth in need of extra support.

YAC's main goals are to provide a safe and supportive environment for youth, provide stability in a youth's life, work on reducing risk factors that lead youth to engage in the justice system, and support the development of emotional, mental, and natural skill sets to enhance their lives.

YAC works in partnership with the Department of Education to provide an Education Outreach/Tutorial Transitions program to youth who attend YAC. This partnership allows youth who are not connected with mainstream schooling to access learning opportunities and connect to school credits where applicable.

#### **SERVICE**

#### **DESCRIPTION & CONTACT**

TEEGA THA'OH ZHEH

311 Ray Street Whitehorse, Yukon

Phone - (867) 668-4471

Email: info@tozyukon.com

Formed more than thirty years ago to support Yukon residents with developmental disabilities. Teegatha'Oh Zheh is a non-profit agency located in downtown Whitehorse. We provide day programming services for adults with intellectual disabilities. We are dedicated to making a significant and positive contribution to those we serve.

Our day program is designed to fit the needs of the individual. We provide opportunities for personal growth and skill development that enhance quality of life. Participants are given the opportunity to participate in programs that stimulate health, learning, socialization, and skill building. We do this by engaging in a Person Centered Philosophy that places the individuals we serve at the centre of everything we do.

# SERVICE

#### **DESCRIPTION & CONTACT**

YUKON UNIVERSITY

Victoria Spark Accessibility Advisor Student Success Division 867-668-8780 access@yukonu.ca

Allied Heath Professionals

**Speech Language Pathologists:** 

**Karen Rach** 

**Speech-Language Pathologist** 

Phone: (867) 334-6321

Mail: karenrachslp@gmail.com

**Boreal Clinic** 

401-309 Strickland st, Whitehorse

Phone: (867) 332-6405 Fax: 1-867-988-3751 www.borealclinic.com

**Educational Psychologist Trail Head Health 867-668-2612**